

# Checklist of Dosages and Uses of ~100 Common Psychotropic Medications by TRADE Names

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Trade®	Names of Drugs generic	Class	Usual Adult Daily Dosage Range in mgs	FDA-Approved Indication(s)	Common "Off-label" Uses
<b>Abilify/Maintena</b>	<i>aripiprazole</i>	Atypical/2 <sup>nd</sup> generation	10-15	Schizophrenia, Tx-RDep adult, agitation in child autism, Child Bipolar I manic & mixed	<i>Borderline Pers. Disorder MDD</i>
<b>Adderall, XR</b>	<i>D- &amp; L-amphetamine</i>	Stimulant	5-60	ADHD, Narcolepsy	
<b>Ambien, CR/Edular</b>	<i>zolpidem</i>	Non-benzo. hypnotic	5-12.5	Sleep disorders, short-term use	<i>Chronic insomnia</i>
<b>Anafranil</b>	<i>clomipramine</i>	Tricyclic antidepressant	100-250	OCD	<i>Tx-RDep</i>
<b>Antabuse</b>	<i>disulfiram</i>	Alcohol oxidation inhibitor	125-500	Alcohol dependence	<i>Overeating</i>
<b>Aricept</b>	<i>donepezil</i>	Cholinesterase inhibitor	5-10	Mild/moderate/severe dementia	
<b>*Aristada</b>	<i>aripiprazole lauroxil/inject</i>	Atypical	See guidance	Schizophrenia	
<b>Artane</b>	<i>trihexphenidyl</i>	Antidyskinetic	1-15	Anti-Parkinson's	<i>ExtraPyramidal Symptoms</i>
<b>Atarax/Vistaril</b>	<i>hydroxyzine</i>	Antihistamine, sedating	25-100	Anxiety	
<b>Ativan</b>	<i>lorazepam</i>	Benzodiazepine	2-6	Anx	<i>Alch withdrawal, Seizures, Sleep disorders</i>
<b>Belsomra</b>	<i>suvorexant</i>	Orexin receptor antagonist	5-20	Sleep disorders	
<b>Bunavail</b> Oral film	<i>buprenorphine &amp; naloxone</i>	Opioid agonist	2.1/.3-12.6/2.1	Opioid dependence	
<b>BuSpar</b>	<i>bupirone</i>	Anti-anxiety	15-60	GAD	
<b>Campral</b>	<i>acamprostate</i>	Alcohol antagonist	1332-1998	Alcohol dependence	
<b>Celexa</b>	<i>citalopram</i>	SSRI	20-40	MDD	<i>Depr, PmDD, PTSD, BDD, SocAnx, Hot flashes</i>
<b>Centrax</b>	<i>prazepam</i>	Benzodiazepine	30-60	Anx	<i>Alch withdrawal, Seizures</i>
<b>Chantix</b>	<i>varenicline</i>	Nicotinic receptor agonist	0.5-2	Smoking cessation	
<b>Cialis</b>	<i>tadalafil</i>	PDE-5 inhibitor	5-20	Erectile dysfunction	
<b>Clozaril/FazaClo</b>	<i>clozapine</i>	Atypical/2 <sup>nd</sup> generation	300-450	Schizophrenia	<i>Bipolar</i>
<b>Cogentin</b>	<i>benzotropine</i>	Antidyskinetic	1-8	Anti-Parkinson's	<i>ExtraPyramidal Symptoms</i>
<b>Cognex</b>	<i>tacrine</i>	Cholinesterase inhibitor	40-160	Mild-moderate dementia	
<b>Concerta</b>	<i>methylphenidate</i>	Stimulant	18-54	ADHD	
<b>*Contempla XR, ODT</b>	<i>methylphenidate</i>	Stimulant	17.3-51.8	ADHD	
<b>Cymbalta, DR</b>	<i>duloxetine</i>	SNRI	20-80	MDD, GAD, Neuropathic Pain, Fibromyalgia	<i>Depr, PmDD, PTSD, SocAnx, Chronic musculoskeletal pain MDD</i>
<b>Daytrana, TTS</b>	<i>methylphenidate</i>	Stimulant	10-27	ADHD, ages 6-12	
<b>Depakote/-ene/-con</b>	<i>divalproex</i>	Anti-seizure	750-3000	Bipolar, Epilepsy, Migraine	
<b>Desyrel</b>	<i>trazodone</i>	SARI	150-400	MDD	<i>Depr, Hypnotic</i>
<b>Dyanavel XR</b>	<i>amfetamine</i>	Stimulant	2.5-20	ADHD	
<b>Effexor, XR</b>	<i>venlafaxine</i>	SNRI	75-375	MDD, GAD, Panic	<i>Depr, PTSD, SocAnx, PmDD</i>
<b>Elavil</b>	<i>amitriptyline</i>	Tricyclic antidepressant	75-150	MDD	<i>Depr</i>
<b>Eldepryl</b>	<i>selegiline</i>	MAO-B	5-10	Anti-Parkinson's	<i>Depr, Smoking</i>
<b>EMSAM, TTS</b>	<i>selegiline</i>	MAO-B	6-12	MDD	
<b>Eskalith/Lithobid</b>	<i>lithium carbonate</i>	Anti-manic	900-1800	Bipolar	
<b>Exelon, patch</b>	<i>rivastigmine</i>	Cholinesterase inhibitor	3-12	Mild-moderate dementia, Park. dementia	
<b>Fetzima</b>	<i>levomilnacipran</i>	SNRI	40-120	MDD	
<b>Fanapt</b>	<i>iloperidone</i>	Atypical/2 <sup>nd</sup> generation	12-24	Schizophrenia	<i>Bipolar</i>
<b>Focalin, XR</b>	<i>dexmethylphenidate</i>	Stimulant	5-40	ADHD	
<b>Geodon</b>	<i>ziprasidone</i>	Atypical/2 <sup>nd</sup> generation	40-160	Schizophrenia, Bipolar	<i>MDD</i>
<b>Halcion</b>	<i>triazolam</i>	Benzodiazepine	0.25-0.50	Sleep disorders, short-term use	
<b>Haldol/IM</b>	<i>haloperidol</i>	Conventional antipsychotic	1-15	Schizophrenia, Psychosis, Tourette	<i>ICU psychosis</i>
<b>Inderal</b>	<i>propranolol</i>	Antihypertensive	10-80	Hypertension	<i>Anx, Alch withdrawal, Akathisia, Panic</i>
<b>Intermezzo</b>	<i>zolpidem</i>	Non-benzo. hypnotic	3.5 for men, 1.75 for women	Middle-of-the-night insomnia	
<b>Intuniv</b>	<i>guanfacine ER</i>	Antihypertensive	1-4	ADHD, ages 6-17	
<b>Invega</b>	<i>paliperidone, ER</i>	Atypical/2 <sup>nd</sup> generation	3-12	Schizophrenia, acute & chronic, mood stabilizer, schizoaffective	<i>Bipolar</i>
<b>Kapvay</b>	<i>clonidine</i>	Non-stimulant	0.1-0.4	ADHD	
<b>Klonopin, Wafers</b>	<i>clonazepam</i>	Benzodiazepine	0.25-4	Seizures, Panic	<i>GAD, Hypnotic</i>
<b>Lamictal</b>	<i>lamotrigine</i>	Anti-seizure	100-200	Epilepsy, Bipolar	<i>TxRDep</i>
<b>Latuda</b>	<i>lurasidone</i>	Atypical/2 <sup>nd</sup> generation	40-160	Schizophrenia, Bipolar	
<b>Levitra</b>	<i>vardenafile</i>	PDE-5 inhibitor	5-20	Erectile dysfunction	
<b>Lexapro</b>	<i>escitalopram</i>	SSRI	10-20	MDD in adults and teens, GAD	<i>BDD, PTSD, SocAnx, Depr, PmDD,</i>
<b>Librium</b>	<i>chlordiazepoxide</i>	Benzodiazepine	5-100	Anx, Alcohol withdrawal	<i>Muscle spasms</i>
<b>Ludiomil</b>	<i>maprotiline</i>	Tetracyclic antidepressant	75-225	MDD	<i>Depr</i>
<b>Lunesta</b>	<i>eszopiclone</i>	Non-benzo. hypnotic	2-3	Sleep disorders, ≤ 6 months use	
<b>Luvox, CR</b>	<i>fluvoxamine</i>	SSRI	50-300	OCD, Social anxiety disorder	<i>MDD, PTSD, PmDD, BDD</i>
<b>Lyrica</b>	<i>pregabalin</i>	Anticonvulsant	50-300	Seizures, Fibromyalgia, Diabetic neuropathy	
<b>Marplan</b>	<i>isocarboxazid</i>	MAOI	20-60	MDD	
<b>Metadate/Methylin</b>	<i>methylphenidate</i>	Stimulant	20-60	ADHD	<i>MDD</i>
<b>Mirapex</b>	<i>pramipexole</i>	Dopamine agonist	1.5-4.5	Anti-Parkinson's, Restless Leg Syndrome	<i>Tx-RDep, cluster headache, sexual side effects of SSRIs, Bipolar</i>
<b>*Mydayis</b>	<i>amphetamine</i>	Stimulant	12.5-50	ADHD	
<b>Namenda</b>	<i>memantine</i>	NMDA antagonist	5-20	Moderate-severe dementia	
<b>Namzaric</b>	<i>memantine &amp; donepezil</i>	NMDAR + AChE Inhibitor	28/10 or 14/10	Mod-severe Alzheimer's dementia	
<b>Narcan</b>	<i>naloxone</i>	Opioid antagonist	0.4-2	Opioid overdose	
<b>Nardil</b>	<i>phenelzine</i>	MAOI	45-90	MDD	
<b>Neurontin</b>	<i>gabapentin</i>	Anti-seizure	900-1800	Epilepsy	<i>Bipolar, Neuropathic pain, Fibro</i>
<b>Niravam</b>	<i>alprazolam, ODT</i>	Benzodiazepine	0.3-5	Panic, GAD	
<b>*Nuedexta</b>	<i>dextromethorphan &amp; quinidine</i>	Combination	20-10 BID	Pseudo-bulbar affect	
<b>*Nuplazid</b>	<i>pimavanserin</i>	Atypical/2 <sup>nd</sup> generation	34	Psychosis in Parkinson disease	

Nuvigil	armodafinil	Wakefulness promoter	150-250	Sleep apnea, Narcolepsy, SWSD	
Pamelor/Aventyl	nortriptyline	Tricyclic antidepressant	25-100	MDD, Neuropathic pain	Depr
Parnate	tranylcypromine	MAOI	30-60	MDD	
Paxil, CR/Pexeva	paroxetine	SSRI	20-60	MDD, GAD, OCD, Panic, Soc. Anx, PTSD	Depr, Anx, PmDD
ProSom	estazolam	Benzodiazepine	1-2	Sleep disorders, short-term use	
Pristiq/Khedeza	desvenlafaxine	SNRI	50	MDD	
Provigil	modafinil	Wakefulness promoter	100-400	EDS, OSA, SWSD	ADHD, MDD
Prozac/Sarafem	fluoxetine	SSRI	20-80	OCD, Panic, PmDD, MDD, PTSD, Bulimia	Depr, SocAnx, Anx, BDD
Qsymia	topiramate & phentermine	Anti-seizure	3.75/23-15/92	Weight reduction	
Quillivant XR/QuilliChewER	methylphenidate	Stimulant	20-60	ADHD	
Razadyne, ER	galantamine	Cholinesterase inhibitor	8-32	Mild-moderate dementia	
Remeron/SolTab	mirtazapine	Tetracyclic antidepressant	15-45	MDD	Depr, insomnia, nausea
Requip, XL	ropinirole	Dopamine agonist	0.75-3	Anti-Parkinson's, Restless leg	Tx-RDep
Restoril	temazepam	Benzodiazepine	15-30	Sleep disorders, short-term use	
Revia/Revox	naltrexone/nalmefene	Opioid antagonist	50	Opioid dependence	Alcohol dependence
*Rexulti	brexpiprazole	SDAM	2	MDD	
Risperdal/Consta	risperidone	Atypical/2 <sup>nd</sup> generation	1-8	Bipolar & Schizophrenia in adults and teens, Irritability in autism	MDD
Ritalin/Daytrana	methylphenidate	Stimulant	20-60	ADHD, Narcolepsy	EDS, MDD
Rozerem	ramelteon	Hypnotic	8	Sleep disorders	
Serax	oxazepam	Benzodiazepine	30-120	Anx, Alcohol withdrawal	Anti-itch, Seizures, Hypnotic
Sabril	vigabatrin	Anti-seizure	1000-4000	Bipolar, Epilepsy	
Saphris	asenapine	Atypical/2 <sup>nd</sup> generation	10-20	Schizophrenia	Bipolar
Savella	milnacipran	SNRI	100-200	Fibromyalgia	
Seroquel, XR	quetiapine	Atypical/2 <sup>nd</sup> generation	150-800	Child & adult schizophrenia, Bipolar, Tx-R Dep.	MDD
Silenor	doxepin	Heterocyclic	3-6	Sleep continuity, Sleep disorders	
Sinequan/Adapin	doxepin	Heterocyclic	150-300	MDD	Depr, hives, Hypnotic
Sonata	zaleplon	Non-benzo. hypnotic	5-10	Sleep disorders, short-term use	
Strattera	atomoxetine	NRI	40-100	ADHD	
Suboxone/ilm	buprenorphine & naloxone	Opioid agonist	12/3-16/4	Opioid dependence	
Symbyax	olanzapine & fluoxetine	Atypical/2 <sup>nd</sup> generation & SSRI	6/25-12/50	Bipolar, Tx-RDep	Schizophrenia
Tegretol	carbamazepine	Anticonvulsant	400-1200	Epilepsy	Bipolar
Tenex	guanfacine	Antihypertensive	0.5-3	Hypertension	Drug withdrawal
Tofranil/PM	imipramine	Tricyclic antidepressant	75-200	MDD, Enuresis	Depr
Topamax	topiramate	Anti-seizure	400-1600	Epilepsy, Migraines	Bipolar, BED, Weight reduction
Tranxene	clorazepate	Benzodiazepine	15-60	Anx., Seizures	
*Trintellix	vortioxetine	SPARI/5-HT modulator	5-20	Unipolar depression, MDD	
Valium	diazepam	Benzodiazepine	4-40	Anx., Muscle spasm, Seizures	
Viagra/Revatio	sildenafil	PDE-5 inhibitor	25-100	Erectile dysfunction	
Viibryd	vilazodone	SPARI/5-HT modulator	10-40	MDD in adults	
Vistaril/Atarax	hydroxyzine	Antihistamine, sedating	25-100	Anxiety	
Vivitrol (IM)	naltrexone	Opioid antagonist	190-380/ mo.	Alcohol dependence	
Vraylar	cariprazine	Atypical/2 <sup>nd</sup> generation	1.5-6	Bipolar & Schizophrenia	
Vyvanse	lisdexamfetamine	Stimulant	30-70	ADHD, child, teen, & adult. BED	
Wellbutrin/Zyban	bupropion	DNRI	200-450	MDD, Smoking, Seasonal Affective Disorder	AD(H)D, Erectile dysfunction
Xanax, XR	alprazolam	Benzodiazepine	0.25-4	Panic	Anx
Xyrem	oxybate sodium	Sedative hypnotic	6-9 gm	EDS, cataplexy	Fibromyalgia
Zoloft	sertraline	SSRI	50-200	Panic, OCD, MDD, PTSD, SocAnx, PmDD	BDD, Depr, Anx
Zubsolv/ODT	buprenorphine & naloxone	Opioid agonist	5.7/1.4-11.4/2.8	Opioid dependence maintenance,	MDD
*Zyprexa/Zydis, IM	olanzapine	Atypical/2 <sup>nd</sup> generation	5-30	Schizophrenia, Bipolar. adults/ children, Anorexia	

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**An Initial \*** means some change has been made since the last version. We have omitted the older antipsychotics and antidepressants and opioids.

**Drug Class:** **AChEI** = Acetylcholinesterase Inhibitor. **Antidyskinetic** = drugs used to treat Parkinson's disease and extrapyramidal effects of antipsychotics. **Atypical** = newer or Second generation antipsychotics/neuroleptics. The **Conventional**, older antipsychotics/neuroleptics are now rarely used and so few are listed. **DNRI** = Dopamine-Norepinephrine Reuptake Inhibitor. **MAOI** = Monoamine Oxidase Inhibitor. **NMDAR** = N-methyl-D-aspartate Receptor Antagonist. **NRI** = Norepinephrine Reuptake Inhibitor. **PDE-5 inhibitor** = Phosphodiesterase type-5 inhibitor. **SARI** = Serotonin-2 antagonist/Serotonin Reuptake Inhibitor. **SDAM** = Serotonin-Dopamine Activity Modulator. **SPARI** = Serotonin Partial Agonist/ Reuptake Inhibitor. **SNRI** = Serotonin-Norepinephrine Reuptake Inhibitor. **SSRI** = Selective Serotonin Reuptake Inhibitor.

**Routes of administration:** **CR, DR, ER, XL, XR** = Slowed release. **IM** = Intramuscular. **ODT** = Orally Disintegrating Tablet. **TTS** = Transdermal Therapeutic System (a skin patch).

**Indications and Disorders:** **ADHD** = Attention Deficit Hyperactivity Disorder. **Anx** = Anxiety Disorder NOS. **BED** = Binge Eating Disorder. **BDD** = Body Dysmorphic Disorder. **Bipolar** = Bipolar Affective Disorder (antimanic). **Depr** = Depression (see MDD). **EDS** = Excessive Daytime Sleepiness. **GAD** = Generalized Anxiety Disorder. **MDD** = Major Depressive Disorder (not Dysthymia or Depression NOS). **OSA** = Obstructive Sleep Apnea. **OCD** = Obsessive-Compulsive Disorder. **Panic** = Panic Disorder, with or without Agoraphobia. **PmDD** = Premenstrual Dysphoric Disorder. **PTSD** = Post-Traumatic Stress Disorder. **Schizo** = Schizophrenia, Psychosis, and related conditions. **SWSD** = Shift Work Sleep Disorder. **SocAnx** = Social Anxiety /Social Phobia. **Tx-RDep** = Treatment-Resistant Depression.

**Disclaimer:** The information presented here is intended as general health information and is not precise enough for making prescribing decisions and is not to be construed as medical advice. The indications/diagnoses are not exclusive, exhaustive, or precise. We have tried to be accurate but errors may exist here. Listing here is in no sense an endorsement by the authors of the use of any medication for any treatment purpose. The dosages offered here are for maintenance and authorities differ on these. Starting doses may be lower, and for some people, higher dosages (supra-therapeutic) are warranted. All trade and generic names are the property of their respective manufacturers, distributors, and copyright holders. Non-commercial copying and distribution of this list is permitted as long as NO changes are made to it. Any other uses require written permission. Copyrighted 2004-2017 by Edward Zuckerman, PhD and Pamela Kaden, PsyD. **Version of June 30, 2017**